Memrize

FREE PRINTABLE

Memorize it tonight: a one-page plan

Test yourself instead of rereading, and split the evening into two rounds with a break between them.

The plan

1. Minutes 0 to 10, understand: read once and say each part in your own words.
2. Minutes 10 to 25, make questions: one short question and one answer for each part.
3. Minutes 25 to 45, first round: answer every question with the answer covered, and pull out the misses.
4. Break of at least 30 minutes. Do something else.
5. Minutes 45 to 60, second round: the misses first, then the rest.
6. Tomorrow morning, a third round before you look at anything.

My questions

One fact per question. Ask why and how, not only what.

Missed twice

Make the question smaller or add a picture.

Before you stop

- [ ] I answered with the answer covered.
- [ ] I had a real break between rounds.
- [ ] I wrote the questions in my own words.
- [ ] I have a second sitting planned.

Based on Dunlosky et al. (2013), Kornell (2009) and Cepeda et al. (2008).

The full guide: memrizeai.app/blog/how-to-memorize-fast